

The book was found

Alternatives For Women With Endometriosis



Synopsis

Book by

Book Information

Hardcover: 174 pages

Publisher: Third Side Press; 1st edition (July 1994)

Language: English

ISBN-10: 187942715X

ISBN-13: 978-1879427150

Product Dimensions: 1 x 5.8 x 8.8 inches

Shipping Weight: 12 ounces

Average Customer Review: 3.3 out of 5 stars Â Â See all reviewsÂ (3 customer reviews)

Best Sellers Rank: #15,950,867 in Books (See Top 100 in Books) #91 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Endometriosis #28581 inÂ Books > Health, Fitness & Dieting > Women's Health

Customer Reviews

I was diagnosed with endo a year ago. The first source I found was Mary Lou Ballweg and the Endo Association's The Endometriosis Sourcebook. If you don't have it, get it. Alternatives for Women with Endo is a wonderful collection of alternatives most medical doctors are unaware of. Although the first half of the book, the explanations and definitions, is a bit thin, reading other women's actual experiences and SUCCESSES in dealing with this disease has been absoluteley invaluable. Every woman diagnosed should be given a copy of both books on their way out of the hospital.

The information in this book is helpful in understanding that there are treatments available that your medical doctor may not be aware of. Read it along with The Endometriosis Sourcebook and plan to take charge of your body.

i bought this book hoping that it would give me new information about my alternatives. i was specifically interested in avoiding hormonal treatments for endometriosis altogether, through dietary change and acupuncture. i expected to get some solid information from this book. however, much of the information presented by the author contained errors, and aside from a brief description of each type of alternative medicine she said nothing of consequence. most of the book consisted of peoples' personal stories, which would have been fine had they been balanced by some further

explanations or had any scientific basis. however, some of the people appeared to be self-diagnosed, some had many different conditions being treated at once, and others were using traditional treatments in addition to their alternative therapies. so all in all i learned nothing i didn't already know, and i regret spending my money on this small volume. i am much more satisfied with _the endometriosis sourcebook_, which i also purchased. the difference in price was negligible but the difference in quality was astounding.

[Download to continue reading...](#)

Alternatives for Women with Endometriosis: A Guide by Women for Women Alternatives For Women With Endometriosis Overcoming Endometriosis: New Help from the Endometriosis Association The Current Status of Endometriosis: Research and Management : Proceedings of the 3rd World Congress on Endometriosis, Brussels, June 1992 (The Inte) #Women #Coloring Book: #Women is Coloring Book No.8 in the Adult Coloring Book Series Celebrating Women (Coloring Books, Women, Shopping, Gifts for ... Series of Adult Coloring Books) (Volume 8) Chocolate Modeling Cake Toppers: 101 Tasty Ideas for Candy Clay, Modeling Chocolate, and Other Fondant Alternatives Sex, Lies, and Menopause: The Shocking Truth About Synthetic Hormones and the Benefits of Natural Alternatives The Menopause Revolution: Smashing the HRT Myth--Natural Alternatives to Manufactured Drug Therapy The Thinker's Thesaurus: Sophisticated Alternatives to Common Words (Expanded Second Edition) The Thinker's Thesaurus: Sophisticated Alternatives to Common Words (Expanded Third Edition) Issues and Alternatives in Educational Philosophy Alternatives to Deforestation (Biology and Resource Management Series) Hysterectomy and the Alternatives, An Issue of Obstetrics and Gynecology Clinics of North America, 1e (The Clinics: Internal Medicine) Theories of Development, Third Edition: Contentions, Arguments, Alternatives Public Policy; Politics, Analysis, and Alternatives Public Policy: Politics, Analysis, and Alternatives, 4th Edition Agendas, Alternatives, and Public Policies, 2nd Edition (Longman Classics in Political Science) Selling Real Estate Without Paying Taxes: Capital Gains Tax Alternatives, Deferral vs. Elimination of Taxes, Tax-Free Property Investing, Hybrid Tax ... Paying Taxes: A Guide to Capital Gains) How to be Anonymous Online PLUS Alternatives: Step-by-Step Anonymity with Tor, Tails, i2p, Bitcoin, Usenet, Email, Writeprints... Anonymous Cryptocurrencies: The rise of bitcoin alternatives that offer true anonymity